

Pocongs

From Wikipedia:

A pocong is an Indonesian/Malaysian ghost that is said to be the soul of a dead person trapped in its shroud. Known in Indonesia/Malaysia as kain kafan, the shroud is the prescribed length of cloth used in Muslim burials to wrap the body of the dead person. The dead body is covered in white fabric tied over the head, under the feet, and on the neck.

According to traditional beliefs, the soul of a dead person will stay on the earth for 40 days after the death. When the ties aren't released after 40 days, the body is said to jump out from the grave to warn people that the soul need the bonds to be released. After the ties are released, the soul will leave the earth and never show up anymore. Because of the tie under the feet, the ghost can't walk. This causes the pocong to hop.